

# REGROUNDING OUR RESPONSE



## INFORMATION TO ACTION

The Center for Harm Reduction Services has partnered with subject matter experts and utilized a vast evidence-base to develop Regrounding Our Response presentations. These topics are incredibly complex, and only a brief overview can occur in 90 minutes or even 3 hours. The resource list below provides ways to continue learning and opportunities to take action together.

Please connect with a Master Presenter in your region to continue these discussions, and schedule additional Regrounding Our Response presentations in your community. Email [MDH.RORpresentations@maryland.gov](mailto:MDH.RORpresentations@maryland.gov) for more information.

### ACCESS HARM REDUCTION

ACCESS is a centralized platform for harm reduction resources made available by the Maryland Department of Health for local health departments and community-based organizations. Resources are provided through ACCESS with the goal of improving services for people who use drugs and reducing drug-related harms in Maryland. Here you can learn about funding opportunities for harm reduction services, apply to become an Overdose Response Program or Syringe Service Program, submit forms to order naloxone and fentanyl test strips, and other resources. Please visit <https://phpa.health.maryland.gov/Pages/accessharmreduction.aspx> or email [mdh.access@maryland.gov](mailto:mdh.access@maryland.gov) for more information.

### MARYLAND HARM REDUCTION LISTSERVE

Sign up for the Maryland Harm Reduction listserv! This is a platform to share news, events, best program practices, brainstorm advocacy needs and strategies locally and at the state level, and to generally connect about our shared desire to further the health, dignity, and safety of people who use drugs. To request to join, please visit <https://groups.google.com/forum/#!forum/md-harm-redux>. Guidelines for use can be found at [tinyurl.com/MDHRListserve](http://tinyurl.com/MDHRListserve).

### MARYLAND HARM REDUCTION TRAINING INSTITUTE

The Maryland Harm Reduction Training Institute (MaHRTI) aims to develop the Maryland harm reduction workforce and support Maryland programs in providing optimal services to people who use drugs. MaHRTI provides training and technical assistance, and their website offers recorded webinars and resources for community-based organizations in Maryland. Please visit <https://www.bhsbaltimore.org/mahrti/> or email [mahrti@bhsbaltimore.org](mailto:mahrti@bhsbaltimore.org) for more information.

## SOCIAL DETERMINANTS OF HEALTH

- [The Impact of Racism on the Health and Well-Being of the Nation](#)  
American Public Health Association webinar series
- [Unnatural Causes](#)  
Documentary series from PBS, includes supplemental lesson plans and activities
- [Healthy People 2020 on Poverty and Economic Stability](#) - Brief one page overview
- [Dr. Carl Hart: Drug Policy is Race Policy](#) - JHU Forums on Race in America (80 min)
- [“There is No Naloxone for Racism”](#)  
Interview with Cassandra Frederique from Drug Policy Alliance

## ADVERSE CHILDHOOD EXPERIENCES

- [Enhancing Substance Use Recovery Through Integrated Trauma Treatment](#)  
National Trauma Consortium report
- [Adverse Community Experiences and Resilience](#)  
A framework for addressing and preventing community trauma from Prevention Institute
- [Tools for Transformation: Becoming Accessible, Culturally Responsive, and Trauma-Informed Organizations](#) - An organizational reflection toolkit from National Center on Domestic Violence, Trauma and Mental Health

## STAGES OF CHANGE

- [Building Self Efficacy](#) - American Psychological Association tip sheet
- [Motivational Interviewing Toolkit](#) - An extensive toolkit and resource list from Institute for Research, Education and Training in Addiction
- [Enhancing Motivation for Change in in SUD Treatment](#)  
SAMHSA Treatment Improvement Protocol
- [The Stages of Change Model](#) - Brief overview from Harm Reduction for Alcohol (HAMS)

## MAT AS OVERDOSE PREVENTION

- [Medications for Opioid Use Disorders Save Lives](#)  
National Academies of Sciences consensus study report from 2019
- [Medication First: Integration of Opioid Use Disorder Treatment across the Healthcare System](#)  
Webinar from Missouri’s State Targeted Response to the opioid crisis (90 min)
- [The Gold Standard](#) - Podcast from Harm Reduction Coalition’s Dr. Kim Sue to highlight the importance of low-barrier access to medications for opioid use
- [Drug Policy Alliance](#) - What is methadone and buprenorphine? (60 sec)
- [MACS](#) - Maryland Addiction Consultation Service provides support to prescribers and their practices in addressing the needs of their patients with substance use disorders and chronic pain management
- [Medications for Addiction Treatment \(MAT\)](#) - Asked and Answered video (11 min)

## DRUG USER HEALTH FRAMEWORK

- [Center for Excellence for Integrated Health Services](#)  
Training, resources, and technical assistance opportunities
- [Opportunities to Improve Opioid Use Disorder and Infectious Disease Services: Integrating Responses to a Dual Epidemic](#) - National Academies of Sciences consensus study report from 2020
- [Drug User Health](#) - Technical assistance and resources from NASTAD